

# Advent One: Light, Joy, Rejoice!

## Scripture Reading: Luke 21: 25

*"There will be signs in the sun, the moon, and the stars,  
and on the earth distress among nations  
confused by the roaring of the sea and the waters."*



*"Moonlight" by Washington Allston, American painter, 1819*

## **Labyrinth Meditation:**

*Give us ears to hear, O God, and eyes to watch,  
that we may know your presence in our midst  
during this holy season of joy  
as we anticipate the coming of Jesus Christ. Amen.*

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# Walking the Labyrinth

A labyrinth walk is very simple.  
There is no right or wrong way to walk.  
Every labyrinth walk is different.  
*"You just begin, and the doing teaches  
what you need to know." Barbara Brown Taylor*

You may find this guideline helpful:

- ④ Find the open entrance and slowly follow the twisting and winding path to the center.
- ④ Once in the center, remain standing or sitting as long as you desire.
- ④ When ready, start back out the path and follow it to where you first entered.

**For More Info contact:**

[Labyrinth@stjohnsec.org](mailto:Labyrinth@stjohnsec.org)

## Advent Two: Light, Joy, Rejoice!

### **Scripture Reading: Baruch 5:9**

*For God will lead Israel with joy, in the light of his glory,  
with the mercy and righteousness that come from him.*



*"Festival of Light:"* by John Swanson, 2000

### **Labyrinth Meditation:**

*God of timeless grace you fill us with joyful expectation.  
Make us ready for the message that prepares the way,  
that with uprightness of heart and holy joy we may eagerly await the kingdom  
of your Son, Jesus Christ, who reigns with you  
and the Holy Spirit, now and forever. Amen.*

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## **Advent Three:** **Light, Joy, Rejoice!**

### **Scripture Reading: Philippians 4:4-5**

*"Rejoice in the Lord always. I will say it again: Rejoice!  
Let your gentleness be evident to all. The Lord is near."*



*"Neon Music Sign" image by Anonymous, 2005*

### **Labyrinth Meditation:**

*God of joy and exultation, you strengthen what  
is weak; you enrich the poor and give hope to  
those who live in fear. Look upon our needs this day.  
Make us grateful for the good news of salvation  
and keep us faithful in your service until the  
coming of our Lord Jesus Christ, who lives  
for ever and ever. Amen*

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# Advent four: Light, Joy, Rejoice!

## Scripture Reading: Psalm 80: 3

*Restore us, O God; let your face shine, that we may be saved.*



*“Visitation”* Original source photo, John Donaghy  
project of the Vanderbilt Divinity Library,

## **Labyrinth Meditation:**

*O God of Elizabeth and Mary, you visited your servants with news of the world’s redemption in the coming of the Savior. Make our hearts leap with joy, and fill our mouths with songs of praise, that we may announce glad tidings of peace, and welcome the Christ in our midst. Amen.*

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