

Grant, O God, that your holy and life-giving Spirit may move every human heart, especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatred cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ Our Lord. Amen.

Adapted from The Book of Common Prayer

## Walking the Labyrinth

A labyrinth walk is very simple.

There is no right or wrong way to walk.

Every labyrinth walk is different.

"You just begin, and the doing teaches what you need to know." Barbara Brown Taylor

## You may find this guideline helpful:

- © Find the open entrance and slowly follow the twisting and winding path to the center.
- © Once in the center, remain standing or sitting as long as you desire.
- When ready, start back out the path and follow it to where you first entered.

## For More Info contact:

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